

CURRICULUM VITAE
Tracey A. Ledoux, Ph.D., R.D., F.A.N.D.
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Current Position

9/2016 – present Associate Professor
Health and Human Performance Department
University of Houston, TX

9/2010 – 9/2016 Assistant Professor
Health and Human Performance Department
University of Houston, TX

Registration/Licensure

Certified as a Registered Dietitian by the Commission on Dietetic Registration
(Registration no. 875264)

Psychology Licensure by the Texas State Board of Examiners of Psychologists
(License number 33916)

Postdoctoral Training

Postdoctoral Fellowship in Pediatric Behavioral Nutrition Research (2008-2010)
Children's Nutrition Research Center, Baylor College of Medicine, Houston, TX
Mentor: Tom Baranowski, PhD

Postdoctoral Fellowship in Clinical Health Psychology, APA accredited (2007-2008)
University of Texas Medical Branch, Galveston, TX
Clinical supervisor: Jeff Baker, PhD, ABPP

Education

PhD 2007 Counseling Psychology, Oklahoma State University, Stillwater, OK
Dissertation Title: "Expressive writing's effects on eating behavior following an ego-threatening event."
Predoctoral Internship: Michael E. DeBakey VA Medical Center, Houston, TX

MS 2003 Community Counseling, University of Memphis, Memphis, TN

MS 2000 Clinical Nutrition, University of Memphis, Memphis, TN
Thesis Title: "Assessment of nutritional care practices in a pediatric oncology hospital in Recife, Brazil."
Dietetic Internship: University of Memphis

BS 1997 Human Nutrition, University of Massachusetts, Amherst, MA

RESEARCH

Web of science H-index: 21; Google Scholar i10-index = 40 (July 2025)

Peer Reviewed Manuscripts Accepted, In Press, and Published

First and last author placement denotes senior authorship unless otherwise stated

**Student for whom Dr. Ledoux was primary advisor at the time of the work*

1. Cepni* AB, **Ledoux T.A.**, Walsh DW & Johnston CA. (Accepted). Evaluating implementation fidelity of a school-based physical activity intervention: Effects on child physical activity. *Health Education Research*.
 - a. Role on this manuscript: Chair of A.B. Cepni's dissertation committee.

2. Zeraattalab-Motlagh*, S., Yoon, C., Johnston, C., Cepni, A., & **Ledoux, T.** (2025). Body appreciation as a mediator in the association between health values and eating behaviors among college students. *Eating Behaviors*, 59. DOI: 10.1016/j.eatbeh.2025.102043.
 - a. Role on this manuscript: Chair of S. Zeraattalab-Motlagh's candidacy project committee.
3. **Ledoux, T.**, Howard, M., Sattem*, E., Llanaeza, D., Taylor, A., Hsieh*, M., & Menefee, D.S. (Epub ahead of print). Characteristics of pregnant Veterans: A descriptive retrospective medical record study. *Military Medicine*. DOI: 10.1093/milmed/usaf520.
4. Lopez*, T., Cepni, A.B., Hendel, K.R., Goodman, L.P., Wiesner, M., Johnston, C., Haubrick, K., & **Ledoux, T.A.** (Accepted). Weight dissatisfaction mediates the link between body mass index and disordered eating behaviors in Hispanic adolescents: A mediation and moderated mediation analysis. *Food and Nutrition Science*.
 - a. Role on this manuscript: Chair of T. Lopez's dissertation committee.
5. Yoon C., Kinariwala K., Mai D., **Ledoux, TA.**, Betts R., Johnston C. (Published online ahead of print). Disordered eating attitudes and behaviors and intuitive eating by college-going generation status. *Journal of American College Health*.
6. Lopez*, T., Cepni, A.B., Hendel, K.R., Goodman, L.P., Wiesner, M., Johnston, C., Haubrick, K., & **Ledoux, T.A.** (2025). Negative weight attitudes and disordered eating behaviors in Hispanic adolescents: Associations with gender and weight status. *Journal of Clinical Medicine*, 14(15), 5211; (registering DOI).
 - a. Role on this manuscript: Chair of T. Lopez's dissertation committee.
7. Cepni AB, Nadeem FK, **Ledoux TA**, Johnston CA. (2025). Breaking the Silence on Obesity. *American Journal of Lifestyle Medicine* online ahead of print. DOI: 10.1177/15598276241309248.
8. Cepni*, A. B., Power, T. G., **Ledoux, T. A.**, Vollrath, K., & Hughes, S. O. (2025). The longitudinal relationship between diet quality and executive functioning development of Hispanic preschoolers in Houston, Texas. *Journal of the Academy of Nutrition and Dietetics*, 125, 386-395. DOI: 10.1016/j.jand.2024.05.014.
9. Moran, N.E., Onyewkwere, E., Cepni*, A.B., Kim, H., **Ledoux, T.A.**, & Arlinghaus, K.R. (2024). Skin carotenoids measured by reflection spectroscopy correlate with vegetable intake frequency in adolescents of racial and ethnic minorities in Houston, Texas. *Journal of the Academy of Nutrition and Dietetics* online ahead of print. DOI: 10.1016/j.jand.2024.11.010.
10. Landry, M.J., **Ledoux, T.A.**, Collins, S.C., Linsenmeyer, W., Gonzalez, A.L., Wall-Bassett, E.D., Wijayatunga, N.N., & Rozga, M. (2024). Communicating nutrition and dietetics research: A crucial step to advancing evidence-based practice. *Journal of the Academy of Nutrition and Dietetics*, 124(12), 1668-1678. DOI: 10.1016/j.jand.2024.09.004.
11. Lopez*, T., Cepni, A.B., Goodman, L.P., Arlinghaus, K.R., Wiesner, M., Johnston, C.A., Haubrick, K., & **Ledoux, T.A.** (2024). Development of the two-factor modified Kids Eating Disorder Survey (M-KEDS): A validation study with Hispanic adolescents. *Nutrition Journal*, 23, 134. DOI: 10.1186/s12937-024-01031-2.
 - Role on this manuscript: Chair of T. Lopez's dissertation committee.
12. Cepni*, A.B., Walsh, D.W., Kim, H., Yoon, C.Y., Hughes, S.O., **Ledoux, T.A.**, & Johnston, C.A. (2024). Assessing the efficacy of sport-based physical education on children's activity behaviors: A randomized controlled trial. *Journal of Physical Activity and Health*, 22, 205-215. DOI: 10.1123/jpah.2024-0243.

- Role on this manuscript: Chair of A.B. Cepni's dissertation committee.
- Cepni*, A.B, Vilson, R., Helbing, R.R., Walsh, D.W, Johnston, C.A, Yoon, C.Y, Hughes, S.O, **Ledoux TA.** (2024). The most optimal school recruitment strategies for school-based obesity prevention and health promotion research in the United States: A systematic review with Delphi study. *Obesity Reviews*, e13808. DOI: 10.1111/obr.13808.
- Role on this manuscript: Chair of A.B. Cepni's dissertation committee.
- Ledoux, T.**, Gamal*, B., Duque*, A., & Berens, P.D. (2024). Receiving gestational weight gain recommendations and associated risks: A qualitative study. *Midwifery*, 131, 103939. DOI: 10.1016/j.midw.2024.103939
 - Yoon, C., Arlinghaus, K., **Ledoux, T.A.**, Johnston, C.A., Larson, & Neumark-Szteiner. (2024). Associations of regular consumption of breakfast, lunch, and dinner with BMI: longitudinal findings differ by weight status among the Eating and Activity over Time 2010-2018 cohort. *Public Health Nutrition*, 27(1), e95. DOI: 10.1017/S1368980024000454.
 - Howard M, **Ledoux T**, Llaneza* D, Taylor* A, Sattem* E, Menefee DS. (2024). Exploring the prevalence of antidepressant medication discontinuation among pregnant veterans. *Arch Women's Mental Health*, 27, 89-97. DOI: 10.1007/s00737-023-01372-7.
 - Varghese V, Chang J, Cepni* A, Kim H, Moran NE, **Ledoux T.** (2023). Skin carotenoids measured by reflection spectroscopy correlate with dietary carotenoid intake in racially and ethnically diverse US toddlers from Houston, Texas. *Journal of the Academy of Nutrition and Dietetics*, S2212-2672, 1632-1635. DOI: 10.1016/j.jand.2023.10.015.
 - Yoon, C., Joseph, T., Moussa, G., Voss, T., **Ledoux, T.**, & Johnston, C. (2023). Associations of positive childhood experiences with binge-eating disorder characteristics and intuitive eating among college students. *Appetite*, 191, 107073. DOI: 10.1016/j.appet.2023.107073.
 - Arlinghaus, K.R., O'Connor, D.P., **Ledoux, T.A.**, Hughes, S.O., & Johnston, C.A. (2023). Exploratory decision trees to predict obesity intervention response among Hispanic American youth. *Child Obesity*, 19: 194-202. DOI: 10.1089/chi.2021.0296
 - Yoon, C., Mai, D., Kinariwala, K., **Ledoux, T.**, Betts, R., Johnston, C. (2023) Sex and ethnic/racial differences in disordered eating behaviors among college students. *Frontiers in Psychology*, 14, 1221816. DOI: 10.3389/fpsyg.2023.1221816.
 - Crumbley*, C., Cepni*, A.B., Taylor*, A., Thompson, D., Moran, N.E., Olvera, N., O'Connor, D.P., Johnston, C.A., & **Ledoux, T.A.** (2023). Exploring factors associated with accelerometer validity among ethnically diverse toddlers. *Pediatric Exercise Science*, 36, 66-74. DOI: 10.1123/pes.2022-0114.
 - Lopez*, T. D., Hernandez, D., Bode, S., & **Ledoux, T.** (2023). A complex relationship between intuitive eating and diet quality among university students. *Journal of American College Health*, 71, 2751-2757. DOI: 10.1080/07448481.2021.1996368.
- Role on this manuscript: Chair of T.D. Lopez's candidacy project committee.
- Arlinghaus, K., Cepni*, A., Helbing, R., Goodman, L., **Ledoux, T.**, & Johnston, C. (2022). Response to school-based interventions for overweight and obesity: A systematic scoping review. *Clinical Obesity*, 12: e12557. DOI: 10.1111/cob.12557.

24. Cepni, A.B., Crumbley, C., Nadeem, S., **Ledoux, T.A.**, & Johnston, C.A. (2022). Incorporating nutrition counseling into lifestyle medicine. *American Journal of Lifestyle Medicine*, 16, 291-294. DOI: 10.1177/15598276221077224.
25. Krukowski RA, Jacobson LT, John J, Kinser P, Campbell K, **Ledoux T**, Gavin K, Chiu C-Y, Wang J & Kruper A. (2022). Correlates of early prenatal care access among U.S women: data from the Pregnancy Risk Assessment Monitoring System (PRAMS). *Maternal and Child Health Journal*, 26, 328-341. DOI: 10.1007/s10995-021-03232-1.
26. Menefee DS, **Ledoux T**, Johnston CA. (2022). The importance of emotional regulation in mental health. *American Journal of Lifestyle Medicine*, 16, 28-31. DOI: 10.1177/15598276211049771.
27. Zhao, X., Lee, R.E., **Ledoux, T.A.**, Hoelscher, D.M., McKenzie, T.L., & O'Connor, D.P. (2022). Harmonizing ratings from different school environment assessment methods: A simplified approach. *Journal of School Health*, 92, 92-98. DOI: 10.1111/josh.13108.
- Role on this manuscript: Member of X. Zhao's dissertation committee.
28. Arlinghaus, K. R., O'Connor, D. P., **Ledoux, T. A.**, Hughes, S. O., & Johnston, C. A. (2021). A staged approach to address youth unresponsive to initial obesity intervention: a randomized clinical trial. *International journal of obesity*, 45 (12), 2585–2590. DOI: 10.1038/s41366-021-00940-0.
- Role on this manuscript: Member of K.R. Arlinghaus' dissertation committee.
29. Cepni*, A.B., Taylor, A., Thompson, D., Moran, N.E., Olvera, N., O'Connor, D.P., Johnston, C.A., & **Ledoux, T.A.** (2021). Exploring qualities of ethnically diverse parents related to the healthy home environment of toddlers. *Appetite*, 167, 105608. DOI: 10.1016/j.appet.2021.105608.
- Role on this manuscript: Chair of A.B. Cepni's candidacy project committee.
30. Amith, M., Onye, C., **Ledoux, T.**, Xiong, G., & Tao, C. (2021). The ontology of fast food facts: Conceptualization of nutritional fast food data for consumers and semantic web applications. *BMC Med Inform Decis Mak*, 21, 275. DOI: 10.1186/s12911-021-01636-1.
31. Cepni*, A.B., Taylor, A., Crumbley, C., Thompson, D., Moran, N.E., Olvera, N., O'Connor, D.P., Arlinghaus, K.R., Johnston, C.A., & **Ledoux, T.A.** (2021). Feasibility and efficacy of the "FUNPALs Playgroup" intervention to improve toddler dietary and activity behaviors: A pilot randomized controlled trial. *Int J Environ Res Public Health*, 8, 7828. DOI: 10.3390/ijerph18157828.
32. Cepni, A. B., Hatem, C., **Ledoux, T. A.**, & Johnston, C. A. (2021). The Importance of health values among health care providers. *American Journal of Lifestyle Medicine*, 15, 224-226. DOI: 10.1177/1559827621992271.
33. Azadan*, R., Agha, N.H., Kunz, H.E., Baker, F.L., Mylabathula, P.L., **Ledoux, TA.**, O'Connor, D.P., Pedlar, C., & Simpson, R.J. (2021). The effects of normoxic endurance exercise on erythropoietin (EPO) production and the impact of selective B1 and non-selective B1+B2 adrenergic receptor blockade. *European Journal of Applied Physiology*, 121, 1499-1511. DOI: 10.1007/s00421-020-04558-4.
- Role on this manuscript: Co-chair of R. Azadan's dissertation committee.
34. Arlinghaus, K.R., **Ledoux, T.A.**, & Johnston, C.A. (2021). Randomized controlled trial to increase physical activity among Hispanic-American middle school students. *Journal of School Health*, 91, 307-317. DOI: 10.1111/josh.13004.

35. Soltero*, E.G., Parker, N.H., Mama, S.K., **Ledoux, T.A.**, & Lee, R.E. (2021). Lessons learned from implementing of garden education program in Early Child Care. *Health Promotion Practice*, 22, 266-274. DOI: 10.1177/1524839919868215.
36. **Ledoux, T.**, Daundesequera*, S.S., Robinson, J., S., Sampson, M., & Beasley, A. (2021). The association between pre-conception intuitive eating and gestational weight gain. *Eating and Weight Disorders*, 26, 467-474. DOI: 10.1007/s40519-020-00878-8.
37. Arlinghaus, K.R., O'Connor, D.P., **Ledoux, T.A.**, Hughes, S.O., & Johnston, C.A. (2021). The role of early and later response on overall outcomes in school-based obesity intervention. *Obesity*, 29, 177-183. DOI:10.1002/oby.23040.
- Role on this manuscript: Member of K.R. Arlinghaus dissertation committee.
38. Daundasekara*, S.S., O'Connor, D.P., Berger Cardoso, J., **Ledoux, T.**, & Hernandez, D. (2020). Risk of excess and inadequate gestational weight gain among Hispanic women: Effects of immigration generational status. *Int J. Environ. Res. Public Health*, 17, 6452. DOI: 10.3390/ijerph17186452.
- Role on this manuscript: Chair of S.S. Daundasekara's dissertation committee.
39. **Ledoux, T.A.**, Thompson, D., O'Connor, T.M., Avery, D., Kochi, K., O'Connor, D.P., Lin, S., Binggeli-Vallarta, A., Blaine, R., Sharma, S., & Hoelscher, D. (2020). Cross-site process evaluation results for the early childhood education center setting - CORD study. *Child Obesity*, 16, 350-357. DOI: 10.1089/chi.2019.0314.
40. Daundasekara*, S., O'Connor, D.P., Berger-Cardoso, J., **Ledoux, T.**, & Hernandez, D. (2020). Associations between generational status and smoking behaviors before and during pregnancy among Hispanic women. *Addictive Behaviors*, 104, doi: 10.1016/j.addbeh.2020.106310.
- Role on this manuscript: Chair of S. Daundasekara's dissertation committee.
41. **Ledoux, T.**, Robinson*, J., Thompson, D., & Baranowski, T. (2020). Exploring determinants of parent behaviors during eating episodes. *Journal of Nutrition Education and Behavior*, 52, 240-248. DOI: 10.1016/j.jneb.2019.12.008.
42. Cepni, A.B., **Ledoux, T.A.**, & Johnston, C.A. (2019). Screen media: A powerful reinforcement. *American Journal of Lifestyle Medicine*, 14, 126-129. DOI: 10.1177/1559827619892543.
43. Crumbley, C.A., **Ledoux, T.A.**, & Johnston, C.A. (2019). Physical activity during early childhood: The importance of parental modeling. *American Journal of Lifestyle Medicine*, 14, 32-35. DOI: 10.1177/1559827619880513.
44. Soltero*, E.G., **Ledoux, T.A.**, O'Connor, D.P., Moore, Q.L., Cardoso, J., Lee, R.E. (2019). Cross-country comparison of school neighborhood food environments in Houston, Texas and Guadalajara, Mexico. *The Journal of Primary Prevention*, 40, 591-606. DOI: 10.1007/s10935-019-00568-x.
- Role on this manuscript: Co-chair of E.G. Soltero's dissertation committee.
45. Silveira*, S., **Ledoux, T.A.**, Johnston, C.A., Kalpakjian, C, O'Connor, D.P., Cottingham, M., McGrath, R., & Tate, D. (2019). Differences among participants' responses to a wellness intervention for individuals with spinal cord injuries. *Disability and Health Journal*, 13, 100842. DOI: 10.1016/j.dhjo.2019.100842.
- Role on this manuscript: Chair of S. Silveira's dissertation committee.

46. Sorenson, M.D., Arlinghaus, K.R., **Ledoux, T.A.**, & Johnston, C.A. (2019). Integrating mindfulness into eating behaviors. *American Journal of Lifestyle Medicine*: DOI: 10.1177/1559827619867626.
47. Lee, C.Y., **Ledoux, T.A.**, Johnston, C.A., Guadalupe, X.A., & O'Connor, D.P. (2019). Association of parental body mass index (BMI) with child's health behaviors and child's BMI depend on age. *BMC Obesity*, 6, 11. DOI: 10.1186/s40608-019-0232-x.
- Role on this manuscript: Dissertation committee member for C.Y. Lee.
48. Lee, R.E., Soltero, E.G., **Ledoux, T.**, Sahnoune, I., Saaverda, F., Mama, S.K., & McNeill, L. (2019). Sustainability via Active Garden Education (SAGE): Translating policy to practice to meet physical activity and nutrition guidelines in early care and education. *Journal of School Health*. DOI: 10.1111/josh.12734
49. Silveira* SL, Winter LL, Clark R, **Ledoux T**, Robinson-Whelen S. (2019, February). Baseline dietary intake of individuals with spinal cord injury who are overweight or obese. *Journal of the Academy of Nutrition and Dietetics*. DOI: 10.1016/j.jand.2018.08.153.
50. Silveira*, SL, **Ledoux, T.A.**, Johnston, C.J., Kalpakjian, C., O'Connor, D.P., Cottingham, M., McGrath, R., Tate, D. (2019). Well on wheels intervention: Satisfaction with life and health for adults with spinal cord injuries. *Journal of Spinal Cord Medicine*, 43, 60-68. DOI: 10.1080/10790268.2018.1554333.
- Role on this manuscript: Chair of S.L. Silveira's dissertation committee.
51. Nosek, M.A., Robinson-Whelan, S., **Ledoux, T.**, Hughes, R., O'Connor, D.P., Lee, R.E., Goe, R., Silveira*, S.L., Markley, R., & Nosek, T.M. (2019). A pilot test of the GoWoman weight management intervention for women with mobility impairments in the online virtual world of Second Life®. *Disability & Rehabilitation Journal*, 41, 2718-2729. DOI:10.1080/09638288.2018.1473511.
52. **Ledoux, T.**, Daundesequera*, S., Van den Berg, P., Leung, P., Walker, L. & Berens, P. (2018). Association between health beliefs and gestational weight gain. *Journal of Women's Health*, 27, 341-347. DOI: 10.1089/jwh.2016.6185.
53. **Ledoux, T.**, Robinson*, J., Baranowski, T., & O'Connor, DP. (2018). Teaching parents about responsive feeding through a vicarious learning video: A randomized controlled trial. *Health Education and Behavior*, 45, 229-237. DOI: 10.1177/1090198117712332.
54. Silveira*, S., **Ledoux, TA**, Robinson-Whelan, S., Stough R., & Nosek, MA. (2017). Methods for classifying obesity in spinal cord injury: A review. *Spinal Cord*, 55, 812-817 DOI: 10.1038/sc.2017.79.
55. Silveira*, S., **Ledoux, T.**, Cottingham, M., & Hernandez, D. (2017). Association among practice frequency on depression and stress among competitive US male wheelchair rugby athletes with tetraplegia. *Spinal Cord*, 55, 957-962. DOI: 10.1038/sc.2017.40.
56. Lee, R. E., Parker, N. H., Soltero, E. G., **Ledoux, T. A.**, Mama, S. K., & McNeill, L. (2017). Sustainability via Active Garden Education (SAGE): Results from two feasibility pilot studies. *BMC Public Health*, 17, 242-253. DOI 10.1186/s12889-017-4163-5.
57. Daundesequera*, S., Beasley, A., O'Connor, D.P., Sampson, M., Hernandez, D., & **Ledoux, T.** (2017). Validation of the Intuitive Eating Scale for pregnant women. *Appetite*, 112, 201-209. DOI: 10.1016/j.appet.2017.02.001.
58. **Ledoux, T.**, Griffith, M., Thompson, D., Nguyen, N., Watson, K., Baranowski, J., Buday, R., Abdelsamad, D., & Baranowski, T. (2016). An educational video game for nutrition of young people: Theory and design. *Simulation & Gaming*, 47, 490-516. DOI: 10.1177/1046878116633331.

59. Joseph, S., Stevens, A., **Ledoux, T.**, O'Connor, T., O'Connor, D.P., & Thompson, D. (2015). Rationale, design and methods for process evaluation in the Childhood Obesity Research Demonstration study. *Journal of Nutrition Education and Behavior*, *47*, 560-565. DOI 10.1016/j.jneb.2015.07.002.
60. **Ledoux, T.**, Van den Berg, P., Leung, P., & Berens, P.D. (2015). Factors associated with knowledge of gestational weight gain recommendations. *BMC Research Notes*, *8*, 349-356. DOI: 10.1186/s13104-015-1306-6.
61. Soltero, EG, **Ledoux, T.**, & Lee, R.E. (2015). Feasibility and acceptability of adapting the Eating in the Absence of Hunger assessment for preschoolers in the classroom setting. *Eating Behaviors*, *19*, 68-71. DOI: 10.1016/j.eatbeh.2015.06.006.
62. O'Connor, DP., Lee, RE., Mehta, P., Thompson, D., Bhargava, A., Carlson, C., Kao, D., Layne, CS., **Ledoux, T.**, O'Connor, T., Rifai, H., Gulley, L., Hallett, AM., Kudia, O., Joseph, S., Modelska, M., Ortega, D., Parker, N., Stevens, A., and the EC-CORD (BETTER Policies) Team (2015). Childhood Obesity Research Demonstration Project: cross-site evaluation methods. *Childhood Obesity*, *11*, 92-103; doi: 10.1089/chi.2014.0061
63. **Ledoux, T.**, Gallagher, MR, Sampson, M., & Ciampolini, M. (2014). Biofeedback Enhanced Lifestyle Intervention: Investigating the acceptability of a novel intervention for disinhibited eating and obesity, *Open Journal of Preventive Medicine*, *4*, 779-788. DOI: 10.4236/ojpm.2014.410088.
64. Mama SK, Soltero EG, **Ledoux TA**, Gallagher MR, Lee RE. (2014). Solving the obesity epidemic: voices from the community. *Nursing Inquiry*, *21*, 192-201. DOI: 10.1111/nin.12054.
65. Cross* MB, Hallett AM, **Ledoux TA**, O'Connor DP, Hughes SO. (2014). Effects of children's self-regulation of eating on parental feeding practices and child weight. *Appetite*, *81*, 76-83. DOI: 10.1016/j.appet.2014.06.014.
- Role on this manuscript: Chair of M.B. Cross' candidacy project committee.
66. **Ledoux T**, Adamus-Leach H, O'Connor DP, Mama S, Lee RE. (2015). The association of binge eating and neighbourhood fast-food restaurant availability on diet and weight status. *Public Health Nutrition*, *18*, 352-360. DOI: 10.1017/S1368980013003546.
67. **Ledoux T**, Nguyen* AS, Bakos-Block C, Bordnick P. (2013). Using virtual reality to study food cravings. *Appetite*, *71*, 396-402. DOI: 10.1016/j.appet.2013.09.006.
68. Lee RE, Soltero EG, Mama SK, Saavedra F, **Ledoux TA**, McNeill L. (2013). Developing a transcultural academic-community partnership to arrest obesity. *International Quarterly of Community Health Education*, *34*, 215-33. DOI: 10.2190/IQ.34.3.b.
69. **Ledoux T**, Hilmers A, Watson K, Baranowski T, O'Connor TM. (2012). Development and feasibility of an objective measure of patient-centered communication fidelity in a pediatric obesity intervention. *Journal of Nutrition Education & Behavior*, *45*, 349-54. DOI: 10.1016/j.jneb.2012.10.006.
70. **Ledoux TA**, Mama SK, O'Connor DP, Adamus H, Fraser ML, Lee RE. (2012). Home Availability and the Impact of Weekly Stressful Events Are Associated with Fruit and Vegetable Intake among African American and Hispanic/Latina Women. *Journal of Obesity*, *2012*; 2012:737891. DOI: 10.1155/2012/737891.
71. **Ledoux TA**, Watson K, Barnett A, Nguyen NT, Baranowski JC, Baranowski T. (2011). Components of the diet associated with child adiposity: a cross-sectional study. *Journal of the American College of Nutrition*, *30*, 536-46. DOI: 10.1080/07315724.2011.10720000.

72. Lopez Y 3rd, O'Connor DP, **Ledoux TA**, Lee RE. (2011). Analysis of body composition methods in a community sample of African American women. *Women's Health*, 51, 709-23. DOI: 10.1080/03630242.2011.623222.
73. **Ledoux TA**, Hingle MD, Baranowski T. (2011). Relationship of fruit and vegetable intake with adiposity: a systematic review. *Obesity Reviews*, 12, 143-50. DOI: 10.1111/j.1467-789X.2010.00786.x.
74. **Ledoux T**, Watson K, Baranowski J, Tepper BJ, Baranowski T. (2011). Overeating styles and adiposity among multiethnic youth. *Appetite*, 56, 71-77. DOI: 10.1016/j.appet.2010.11.145.
75. **Ledoux T**, Winterowd C, Richardson T, Clark JD. (2010). Relationship of negative self-schemas and attachment styles with appearance schemas. *Body Image*, 7, 213-7. DOI: 10.1016/j.bodyim.2010.02.003.
76. **Ledoux T**, Barnett MD, Garcini LM, Baker J. (2009). Predictors of recent mental health service use in a medical population: implications for integrated care. *Journal of Clinical Psychology in Medical Settings*, 16, 304-10. DOI: 10.1007/s10880-009-9171-x.
77. Barnett MD, **Ledoux T**, Garcini LM, Baker J. (2009). Type D personality and chronic pain: construct and concurrent validity of the DS14. *Journal of Clinical Psychology in Medical Settings*, 16, 194-9. DOI: 10.1007/s10880-009-9152-0.
78. Cully JA, Jimenez DE, **Ledoux TA**, Deswal A. (2009). Recognition and treatment of depression and anxiety symptoms in heart failure. *Primary Care Companion of the Journal of Clinical Psychiatry*, 11, 103-9. DOI: 10.4088/pcc.08m00700.

Other Publications

1. Cepni*, A., & Ledoux, T. (2020). Bowen's Family System Theory in Pediatric Weight Management Program. *Weight Management Matters: A Quarterly Publication for Weight Management Leaders*.
2. Nosek MA, Robinson-Whelen S, Hughes RB, Silveira* SL, Markley R, **Ledoux TA**, O'Connor DP, Lee RE, Nosek TM, & the GoWoman Consortium. (2020). Response of Women with Mobility Impairments to a Group Weight Management Intervention in the Virtual World of SecondLife©. In: Hayre C, Muller D, Sherer M (Eds) *Virtual Reality in Health and Rehabilitation*. CRC Press, Taylor & Francis Group: Boca Raton, FL.
3. Daundasekara*, S.S. & **Ledoux, T.A.** (2019). Gestational weight gain among immigrant women in the United States. *Weight Management Matters: A Quarterly Publication for Weight Management Leaders*, 17, 12-15.
4. **Ledoux, T.**, Lopez*, T., Johnston, C., Vaughn, E., & Foreyt, J. (2016). Nutrition in Weight Management and Obesity. In: Rippe, J. ed. *Nutrition in Lifestyle Medicine*. New York, NY: Springer Publishing Company.
5. Lee RE, Adamus-Leach HJ, Soltero EG, Vollrath KR, Hallett AM, Parker NH, Cross M, Mama SK, **Ledoux TA**. (2014) Obesity: An Ecologic Perspective on Challenges and Solutions. In: Stein N, ed. *Public Health Nutrition: Principles and Practice for Community and Global Health*. Burlington, MA: Jones & Bartlett Learning. 2014. ISBN-13: 9781449692049.
6. **Ledoux, T.**, Baranowski, J., & Baranowski, J. (2012). Rebuttal to AC Skinner et al., article on energy intake and weight status among children [Letter to the editor]. *Pediatrics*, eLetter.
7. Baranowski, T., Baranowski, J., Cullen, K., Hingle, M., Hughes, S., Jago, R., **Ledoux, T.**, Mendoza, J., Nguyen, T., O'Connor, T., Thompson, D., & Watson, K. (2010). Problems and possible solutions for interventions among children and adolescents. In: O'Dea & Ericksen, Ed: *Childhood Obesity Prevention: International Research, Controversies, and Interventions*. Oxford University Press.

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Current Research Support

Unnumbered

Title: "Diabetes Scoping Review"

Dates: 1/1/2025-6/1/2026

Source: Episcopal Health Foundation

Total Costs: \$18,000

Role: PI

R01HD114793-01

Title: "Reducing obesity through play: A randomized control trial."

Dates: 9/2024-8/2029

Source: National Institute of Child Health and Development/ National Institute of Health

Total: \$2,704,576

Role: PI

R01HD111555-02

Dates: 5/1/2023-4/31/2028

Title: "Validation of biomarkers of infant and toddler carotenoid intake."

Source: Human Studies of Diabetes and Obesity/National Institute of Health

Total: \$3,633,354 (Total subaward: \$79,221)

Role: Co-I

PI: Nancy Moran, PhD (Baylor College of Medicine)

R21DK134815-01A1

Dates: 9/1/2024-8/31/2027

Title: "Develop and test an automated diabetes counseling program."

Source: National Institute of Health

Total: \$59,283 (Total subaward: \$19,761)

Role: Co-I; Subcontract PI

PI: Muhammad Amith, PhD (University of Texas Medical Branch)

Completed Research Support

Pilot grant under U54MD015946

Title: Leveraging summer youth employment programs to prevent obesity in adolescents.

Dates: 2/3/2025 - 2/2/2026

Source: HEALTH Research Institute of the University of Houston; National Institute of Minority Health and Health Disparities/National Institute of Health

Total Costs for Pilot: \$44,609

Role: Co-I on pilot grant

Pilot grant PI: Aliye Cepni, PhD & U54 PI: Bettina Beech, PhD

UTMDACC/ACS Award 175015

Dates: 1/2018-12/31/2022

Title: "A peer and family-based approach to obesity in African American families"

Source: American Cancer Society

Total: Subcontract \$116,000

Role: Co-I

PI: McNeil; Reitzel (subcontract PI)

000178652

Dates: 6/1/2019-10/31/2020

Title: "Person-centered research on the impact of skipping meals."

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Source: The Peanut Institute
Total budget: \$50,000
Role: Co-investigator
PI: Craig Johnston, PhD

Unnumbered
2014-2015

Title: "How does knowledge influence health behaviors of pregnant women?"
Source: University of Houston, Division of Research Small Grant
Total budget: \$3000
Role: PI

1667

Dates: April 2017-December 2019
Source: United Health Foundation
Total: \$2,000,000
Title: "A community collaborative for preventing and treating obesity in underserved communities in Houston"
Role: Co-I
Co-PIs: Dan O'Connor, PhD & Ezemenari Obassi, PhD

Unnumbered

Dates: June 1, 2018 – May 31, 2019
Title: "The Families Understanding Nutrition and Physically Active Lifestyles (FUNPALs) Paygroup: Randomized control trial pilot study of an obesity prevention program for families of low income minority toddlers."
Source: GEAR Grant, Division of Research, University of Houston
Total budget: \$30,000
Role: PI

2R24DA019798-06

Dates: 07/01/2014-6/31/2018
Title: "University of Houston Drug Abuse Research Program II"
Source: National Institute of Drug Abuse/National Institute of Health
Total: \$2,581,298; Ledoux Project B \$75,000
Role: Pilot Project B PI
PI: Patrick Bordnick, PhD

367592

Dates: April 2016-April 2017
Title: "Development of an eHealth group weight management intervention for people with SCI."
Source: Neilsen Foundation
Consultant fee: \$3000
Role: Consultant
PI: Peg Nosek, PhD

NIH Loan Repayment Program

Dates: 2011-2017
Title: "Reducing child obesity risk through mitigating excess gestational weight gain."
Source: National Institute of Child Health and Development/National Institute of Health
Role: PI

Unnumbered

Dates: 2014-2015
Title: "Developing a responsive parenting observational coding system for the feeding domain"
Source: College of Liberal Arts & Social Sciences, Outreach Grant

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Total: \$6000
Role: PI

Unnumbered

Dates: 2012-2013

Title: "Does intuitive eating predict healthy weight gain among pregnant women?"

Source: College of Liberal Arts and Social Sciences Grants-in-Aid Program, University of Houston

Total: \$6000

Role: PI

PIDP003350-01

Dates: 2011–2015

Title: "Best Evaluation Tools & Techniques for Effective Recommendations for Policies."

Source: Childhood Obesity Research Demonstration/Centers for Disease Control and Prevention

Total: \$4,250,000

Role: Co-Investigator

PI: Dan O'Connor, PhD

H133G120192

Dates: 10/1/12-9/30/15

Source: National Institute of Disability Rehabilitation Research

Title: "Development of a Virtual Reality Weight Management Intervention for Women with Mobility Impairments."

Subcontract Budget \$195,000

Role: Subcontract PI

PI: Peg Nosek, PhD (Baylor College of Medicine)

Unnumbered

Dates: 204-2015

Title: "Teaching parents to feed their children by example"

Source: Academy of Nutrition and Dietetics, Foundation Endowment Grant Program

Total: \$35,000

Role: PI

Unnumbered

Dates: 2013-2014

Title: "Feasibility of a parent focused intervention to promote healthy child eating."

Source: University of Houston, Division of Research Small Grant Program

Total: \$3000

Role: PI

1R21HD073685-01

Dates: 2012-2014

Source: National Institute of Child Health and Development/National Institute of Health

Title: "Science and Community: Partnering to prevent early childhood obesity."

Total: \$275,000 (Direct costs)

Role: Co-I

PI: Rebecca Lee, PhD

Unnumbered

Dates: 2012-2013

Title: "Hunger biofeedback training to develop internally regulated eating: A feasibility study."

Source: Health and Human Performance Department, University of Houston

Total: \$10,000

Role: PI

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U13HD063190-01

Dates: 2010 –2013

Title: "Science and Community: Ending Obesity, Improving Health."

Source: National Institute of Child Health and Development/National Institute of Health

Total: \$90,000 (Direct costs)

Role: Co-investigator

PI: Rebecca Lee, PhD

Unnumbered

Dates: 2012-2013

Title: "Identifying psychosocial predictors of excess gestational weight gain."

Source: University of Houston, Division of Research Small Grant Program

Total: \$3000

Role: PI

Unnumbered

Dates: 2011-2012

Title: "Using Virtual Reality to Induce Food Cravings."

Source: New Faculty Grant, University of Houston

Total: \$6000

Role: PI

Unnumbered

Dates: 2009 – 2010

Title: "Effect of communication techniques on child outcomes in an obesity intervention."

Source: Gillson Longenbaugh Foundation, Baylor College of Medicine

Total: \$25,000

Role: Co-investigator

PI: Teresia O'Connor, MD, MPH

Unnumbered

Dates: 2009-2010

Title: "Relationship of fruit and vegetable intake and adiposity."

Source: Robert Wood Johnson Foundation

Total: \$3750

Role: PI

5T32 HD007445-15

Dates: 2009 – 2010

Title: N/A

Source: Ruth L. Kirschstein National Research Service Awards, Baylor College of Medicine.

Role: Postdoctoral Fellow

PI: William Heird, MD

1 R01 CA 116766-01

Dates: 2007-2011

Title: "PROP Sensitivity and Obesity among Ethnic Children."

Source: National Cancer Institute, National Institute of Health

Role: Postdoctoral Associate

PI: Tom Baranowski, PhD (Baylor College of Medicine)

0202538

Dates: 2005-2009

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Source: National Institute of Food and Agriculture, USDA
Title: "Families in Schools for Health (FiSH)"
Total costs \$1,000,000
Role: Project Coordinator
PI: Amanda, Harrist, PhD (Oklahoma State University)

Presentations (Peer Reviewed – Accepted and Completed)

Ledoux, T., Sibouyeh, S., & Arney*, L. (2026). *Maintaining a healthy lifestyle: A qualitative study*. Poster accepted for presentation at the Annual Meeting of the Society of Behavioral Medicine in Chicago, IL.

Zeraattalab-Motlagh*, S. & **Ledoux, T.** (2026). *Evidence-based behavioral interventions for diabetes prevention in the United States: A scoping review using 24-hour recalls and objective activity measures*. Poster accepted for presentation at the Annual Meeting of the Society of Behavioral Medicine in Chicago, IL.

Zeraattalab-Motlagh*, S. & **Ledoux, T.** (2026). *Effects of internally regulated eating on body composition: A systematic review and meta-analysis of randomized controlled trials*. Poster accepted for presentation at the Annual Meeting of the Society of Behavioral Medicine in Chicago, IL.

Cepni, A.B., **Ledoux, T.A.**, Weaver, G., & Johnston, C.A. (2026). *Summer youth employment program for preventing unhealthy shifts in activity behaviors among adolescents during summer vacation: A proof-of-concept study*. Poster accepted for presentation at the Annual Meeting of the Society of Behavioral Medicine in Chicago, IL.

Krause, C.A., Woods, S.P., Litson, K., **Ledoux, T.**, & Medina, L.D. (2026). *Carotenoids, inflammation, and neurocognitive performance in Hispanic/Latin American adults in the United States*. Poster to be presented at the 54th Annual Meeting of the International Neuropsychological Society in Philadelphia, PA.

Arney*, L., & **Ledoux, T.A.** (Spring 2026). *Exploring the relationship between childhood events and food choice among college students*. Poster to be presented at the University of Houston Undergraduate Research Day.

Ledoux, T., Johnston, C., Betts, R., & Yoon, C. (2025). *Exploring predictors of a healthy lifestyle among college students*. Poster will be presented at the Food and Nutrition Conference and Exposition of the Academy of Nutrition and Dietetics in Nashville, TN.

Patel*, N., Johnston, C., Yoon, C., & **Ledoux, T.** (2025). *Examining the impact of self-compassion on intuitive eating and weight status*. Poster presented at the Annual Conference and Exposition of the Texas Academy of Nutrition and Dietetics in Georgetown, TX.

Ledoux, T.A., Johnston, C., Betts, R., & Yoon, C. (March 2025). *Diet and health among those who prioritize health when making food choices*. Paper to be presented at the Society of Behavioral Medicine's Annual Meeting & Scientific Sessions, San Francisco, CA.

Cepni* AB, Power TG, **Ledoux TA**, Vollrath K, Hughes SO (March 2025). *The Longitudinal Relationship Between Diet Quality and Executive Functioning Development among Hispanic Preschoolers*. Poster presentation at the Society of Behavioral Medicine 2025 Annual Conference, San Francisco, CA.

Tohara*, M. & **Ledoux, T.A.** (2024). *Feasibility of implementing health and nutrition programming in Head Start facilities in Houston, TX*. Poster presented at American Society of Public Health Nutrition, Minneapolis, MN.

- Ledoux, T.A.**, Wiesner, M., Johnston, C., Betts, R., & Yoon, C. (2024). *Concurrent validity of the Adaptive Eating Scale*. Paper presented at the Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, Omaha, NE.
- Ledoux, T.A.** & Ryan, S. (2024). *How you frame science matters: Communicating research with confidence and expertise*. Paper presented at the Annual Conference and Exposition of the Texas Academy of Nutrition and Dietetics.
- Cepni*, A., Powers, T., **Ledoux, T.**, & Hughes, S. (2023). *Diet quality of Hispanic preschoolers is related to later childhood executive functioning development*. Poster presented at the International Society of Behavioral Nutrition and Physical Activity Annual Conference, Uppsala, Sweden.
- Yoon, C., Arlinghaus, K., **Ledoux, T.**, Johnston, C., Larson, N., & Neumark-Sztainer, D. (2023). *Longitudinal associations of consumption of breakfast, lunch, and dinner with BMI differ by weight status: Findings from EAT 2020-2018 Cohort*. Poster presented at the Society of Behavioral Medicine Annual Conference, Phoenix, AZ.
- Yoon, C., Ogechi, O., Joseph, T., **Ledoux, T.**, & Johnston, C.A. (2023). *College-going generation status differences in associations of perceived stress, stress management ability, and unmanaged stress with maladaptive and adaptive eating*. Oral presentation at the American Public Health Association Annual Conference, Atlanta, GA.
- Lee, C.Y., Bray, M., **Ledoux, T.**, Johnston, C.A., & O'Connor, D.P. (2023). *The effects of current energy balance status on body weight changes after exercise intervention*. Poster presented at The Obesity Society Annual Meeting, Dallas, TX.
- Hanz*, S., **Ledoux, T.**, Johnston, C., Betts, R., Sattem, E., & Yoon, C. (2023). *Diet quality and physical and mental health*. Poster presented at the Texas Annual Conference and Expo of the Texas Academy of Nutrition and Dietetics, Austin, TX.
- Topham*, B., **Ledoux, T.**, Johnston, C., Betts, R., Sattem, E., & Yoon, C. (2023). *High and low intuitive eaters: Association of diet quality on blood pressure*. Poster presented at the Texas Annual Conference and Expo of the Texas Academy of Nutrition and Dietetics in Austin, TX.
- Cepni*, A. B., **Ledoux, T. A.**, Johnston, C. A., & Walsh, D. W (April 2023). *A randomized controlled trial (RCT) of the impact of school-based sport program on children's activity behaviors and cognition*. Oral presentation at the Society of Behavioral Medicine Annual Conference, Phoenix, AZ.
- Selected as "Meritorious Abstract" and "Citation Abstract."
- Ledoux, T.**, Gamal, B., Duque, A., & Berens, P. (2023). *How pregnant women cognitively process health information? A qualitative study*. Poster presented at the Society of Behavioral Medicine Annual Conference, Phoenix, AZ.
- Howard, M., **Ledoux, T.**, Taylor, A., Llana, D., Sattem, E., & Menefee, D. (2022). *Mental health and psychopharmacology in pregnant veterans*. Poster presented at the North American Society of Psychosocial Obstetrics & Gynecology Conference, Ann Arbor, MI.
- Ledoux, T.**, Howard, M., Sattem*, E., Llana, D., Taylor*, A., & Menefee, D. (2022). *Characteristics of Pregnant Veterans: A Descriptive Retrospective Electronic Medical Record Study*. Abstract submitted to American Psychological Association 2022 Conference, Minneapolis, MN.

- Cepni*, A., Arlinghaus, K.R., O'Connor, D.P., Johnston, C.A., & **Ledoux, T.** (2022). *Disentangling the complex interplay of barriers and facilitators to activity behaviors of low-income Hispanic adolescents*. Poster presentation at the Society of Behavioral Medicine Annual Conference, Baltimore, MD.
- Cepni*, A. B., Weaver, E. M., **Ledoux, T. A.**, Johnston, C. A., & Walsh, D. W. (2022). *Effect of school-based physical activity intervention on academic performance in high-risk minority students*. Poster presentation at the Society of Behavioral Medicine Annual Conference, Baltimore, MD
- Lee, C., Bray, M., **Ledoux, T.**, Johnston, C.A., & O'Connor, D.P. (2021). *Accuracy of self-reported activity to predict weight changes during an exercise intervention*. Poster presented at the International Society of Behavioral Nutrition and Physical Activity XChange Initiative 2021, Virtual.
- Crumbley*, C., Cepni*, A., Taylor, A., Thompson, D., Moran, N.E., Olvera, N., O'Connor, D.P., Johnston, C.A., **Ledoux, T.** (2021). *Describing and exploring accelerometer use among toddlers*. Poster presented at the International Society of Behavioral Nutrition and Physical Activity XChange Initiative 2021, Virtual.
- Ledoux, T.**, Cepni*, A., Taylor, A., Crumbley*, C., Thompson, D., Olvera, N., Moran, N., & O'Connor, D.P. (2021). *Changes in toddler diet quality and activity in a family wellness program. A pilot randomized control trial*. Poster presented at the International Society of Behavioral Nutrition and Physical Activity XChange Initiative 2021, Virtual.
- Moore*, M. & **Ledoux, T.** (2021). *Heroin use and related effects to BMI, body fat, diet quality, and food addiction in Hispanic adults*. Poster presented at the Food and Nutrition Conference and Expo of the Academy of Nutrition and Dietetics, virtual.
- Ledoux, T.**, Cepni*, A., Taylor, A., Crumbley, C., Thompson, D., Moran, N., Olvera, N., O'Connor, D.P. (2021). *Feasibility and acceptability of a wellness playgroup program for toddlers*. Poster presented at the Food and Nutrition Conference and Expo of the Academy of Nutrition and Dietetics, virtual.
- Ledoux, T.**, Daundasekara*, S.S., Arlinghaus, K., Cepni*, A.B., Johnston, C.A. (2021). *Validation of the Intuitive Eating Scale-2 for Hispanic adolescents*. Poster presented at the Academy of Nutrition and Dietetics' annual Food and Nutrition Conference and Exposition, virtual.
- Ledoux, T.**, Alexander, T., Thompson, M., Olmedo, C., Arbona, C., & Olvera, N. (2021). *Experiential internship to encourage Hispanic students to pursue a career in the nutrition and dietetics professions*. Poster presented at the Food and Nutrition Conference and Expo of the Academy of Nutrition and Dietetics, virtual.
- Meyer, S., Wagner, G., Cepni, A., **Ledoux, T.A.**, Walsh, D.W., Johnston, C.A., & Arlinghaus, K.R. (2021). *Lunch skipping behaviors among Black and Hispanic adolescents who receive free school meals*. Poster presented at the Academy of Nutrition and Dietetics 2021 Food and Nutrition Expo (FNCE), virtual.
- Ledoux, T.**, Cepni*, A., Taylor, A., Crumbley, C., Thompson, D., Moran, N., Olvera, N., & O'Connor, D.P. (2020). *Exploring parent feeding practices, the home environment, and toddler diet*. Poster presented at the Food and Nutrition Conference and Expo of the Academy of Nutrition and Dietetics, virtual.
- Alexander, T., **Ledoux, T.**, McCarley, K., Thompson, M., Olmedo, C., Arbona, C., & Olvera, N. (2020). *Eye to the Future: Developing the Next Generation of Childhood Obesity Prevention Educators*. Poster presented at 53rd Annual Conference for Society of Nutrition Education and Behavior, San Diego, CA.

- Zaidi, Y., Hason, N., **Ledoux, T.**, & Moran, N. (2020). *Carotenoid measurement in infant formula using a validated analytical model*. Poster presented at the University of Houston Undergraduate Research Day.
- Ledoux, T.A.**, Cepni*, A., Taylor, A., Crumbley, C., Thompson, D., Moran, N., Olvera, N., & O'Connor, D.P. (Accepted). *Changes in toddler diet quality in a family wellness program: A pilot randomized control trial*. Poster accepted for presentation at the Annual Conference of the Society of Behavioral Medicine, San Francisco, CA.
- Ledoux, T.A.**, Esat, G., McCarley, K., Arbona, C., Thompson, M. & Olvera, N. (October, 2019). *Eye to the Future: Developing the next generation of nutrition professionals*. Presented as ePoster at the annual Food and Nutrition Conference and Expo of the Academy of Nutrition and Dietetics, Philadelphia, PA. *ePoster won first prize in Innovations in Education category.
- Ledoux, T.A.**, Harrist, A., Hughes, S., Arlinghaus, K., & Ontai, L. (2019). *The role of emotion in early childhood eating behaviors*. Presented and chaired symposium at the Biennial Meeting of the Society of Research on Child Development, Baltimore, MA.
- Gamal*, B., Taylor, A., Berens, P. D., & Beasley, A., & **Ledoux, T.** (2019). *Examining the Relationship between Perceptions of Pregnancy Weight Gain and Total Gestational Weight Gain*. Poster accepted for presentation at the annual Psychological, Health, & Learning Sciences Research Symposium, Houston, TX.
- Gamal*, B., Christine C., & Beasley, A., & **Ledoux, T.** (2019). *Examining the Correlations Between Mood, BMI, Sleep, and Eating Behaviors During Pregnancy*. Poster accepted for presentation at the annual Wisconsin Symposium on Emotion, Madison, WI.
- Taylor*, A., **Ledoux, T.**, Berens, P.D, & Beasley, A. (2019, March). *Examining the association between physical symptoms and exercise during pregnancy*. Poster to be presented at the American Academy of Health Behavior Conference, Greenville, South Carolina. Published abstract.
- Ledoux, T.**, Beasley, A., Berens, P., & Daundasekara*, S. (2018, October). *Participation in a federal nutrition program for pregnant women and gestational weight gain: A prospective survey study*. Poster presented at the Academy of Nutrition and Dietetics Food & Nutrition Convention and Exposition, Washington, DC.
- Silveira*, S. L., **Ledoux, T.** Johnston, C. A., Kalpakjian, C., O'Connor, D. P., Cottingham, M., McGrath, R., & Tate, D. (2018, October). *Identifying Non-Successful Participants in the Well on Wheels Holistic Wellness Intervention*. Abstract presented as poster presentation at American Congress of Rehabilitation Medicine Annual Meeting, Dallas, TX.
- Ledoux, T.**, Cross*, M., Adaramola, A., Aslam, A., Edwar, L, Felicita, A., Jacobs, S., & Soni, H. (2018). *Toddler caregiver responses to novel food acceptance and reject*. Poster presented at the annual conference of the Society of Nutrition Education and Behavior, Minneapolis, MN.
- Silveira*, S. L., Hughes, R. B., Nosek, M. A., Taylor, H. B., **Ledoux, T.**, Wenzel, L., Diaz, L., Robinson-Whelen, S., & the GoHealthySCI Consortium. (2018, May). *GoHealthySCI: The Development of a Weight Management Program for People with Spinal Cord Injury*. Abstract presented at UAB Center for Disability Health and Rehabilitation Science 2nd Annual Symposium, Birmingham, AL.
- Ledoux, T.**, Cross*, M.B., Adaramola, A., Aslam, A., Adward, L., Felicitas, Jacob, S., Soni, H. (2018, April). *Child cues preceding toddler acceptance and rejection of new foods: An observation study*. Poster presented at the annual conference of the Texas Academy of Nutrition and Dietetics, Houston, TX.

- Robinson-Whelen, S., Silveira*, S. L., Hughes, R. B., Nosek, M. A., Taylor, H. B., **Ledoux, T.**, Wenzel, L., Diaz, L., and the GoHealthySCI Consortium. (2018, April). *GoHealthySCI: Pilot Testing a Weight Management Program for People with Spinal Cord Injury*. Poster presentation at the Society of Behavioral Medicine, New Orleans, LA.
- Ledoux, T.**, Silveira*, S.L., Le, J., Kamal, H., & Kung, S. (2017). *Investigating the feasibility and preliminary effects of Little Foodies: A health promotion program for parents of toddlers*. Society of Nutrition Education and Behavior, Washington, D.C.
- Ledoux, T.**, Cross*, M.B., Silveira*, S.L., Kamal, H., Phan, M., Kung, S., & Le, J. (2017). *Parent responses to toddler food acceptance and rejection: An observation study*. Society for Research on Child Development Biannual Conference, Austin, TX.
- Ledoux, T.**, Robinson*, J., Sampson, M., & Beasley, A. (2016). *Effects of intuitive eating on gestational weight gain*. Academy of Nutrition and Dietetics Food and Nutrition Convention and Expo, Boston, MA.
- Ledoux, T.**, Robinson*, J., Baranowski, T., & O'Connor, D.P. (July, 2015) *Teaching parents about responsive feeding through a vicarious learning video*. Society of Nutrition Education and Behavior Annual conference, Pittsburgh, PA.
- Ly*, N., **Ledoux, T.**, Gallagher, M.R., Sampson, M., Berens, P. (April, 2015). *Psychosocial predictors of excess gestational weight gain*. Texas Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, Houston, TX.
- Burch*, H., **Ledoux, T.**, Sampson, M., Gallagher, M.R., Beasley, A. (2015). *The relationship between pregnancy fatigue and pre-pregnancy weight status*. Texas Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo, Houston, TX.
- Ledoux, T.** & Robinson*, J. (2015). *Happier Meals: Helping parents to overcome mealtime challenges by example*. Paper presented at the Texas Academy of Nutrition and Dietetics Food and Nutrition Convention and Exposition, Houston, TX.
- Ledoux, T.**, Van den Berg, P., Leung, P., Berens, P.D. (2015). Knowledge predicts total gestational weight gain among low income women. Poster presented to Society of Behavioral Medicine Annual Conference, San Antonio, TX.
- Ledoux, T.**, Soltero, E.G., Parker, N., & Lee, R.E. (2015) Fruit and vegetable consumption and home availability in response to a preschool garden-based curriculum for preschoolers. Paper presented to Society of Behavioral Medicine Annual Conference, San Antonio, TX.
- Mama, S., Soltero, E.G., **Ledoux, T.**, & Lee, R.E. (2015) Developing a CBPR partnership and shared agenda to inform childhood obesity prevention research. Paper presented at the Society of Behavioral Nutrition Annual Conference in San Antonio, TX.
- Ledoux, T.** Van den Berg, P., Leung, B., & Berens, P. (2014). *Factors associated with knowledge of excess adiposity risks during pregnancy*. Poster presented at The Obesity Society annual conference, Boston, MA.
- Poster abstract honored with one of the top 10 in Clinical Obesity Management awards.
- Ledoux, T.**, Robinson, J.S., & O'Connor, D. (2014). *Food fights: Struggles among parents of preschoolers during meals and snacks*. Poster presented at The Obesity Society annual conference, Boston, MA.

- Nosek, M., Robinson-Whelan, S., Hughes, R., **Ledoux, T.**, Lee, R., O'Connor, D.P., Nosek, T., Goe, R., & Silveira, S. (2014). *GoWoman: The Development of a virtual world weight management intervention for women with mobility impairments*. Paper accepted for presentation at the American Public Health Association Annual Meeting and Expo, New Orleans, LA.
- Farukhi*, A. & **Ledoux, TA.** (2014). *Does Context Explain Inabilities to Identify Physical Hunger Among Obese Women?* Poster presented at the National Conference for Undergraduate Research, Lexington, Kentucky.
- Robinson-Whelen, S., Hughes., R. B., **Ledoux, T.**, Nosek, M. A. (2014, May). *Weight and weight management following spinal cord injury*. Paper accepted for presentation at the American Spinal Injury Association Annual Scientific Meeting, San Antonio, TX.
- Ledoux, T.** (2014, May). Promoting healthy diet and physical activity among men, women, and children with mobility impairments. Chair of symposium to be presented at the International Society of Behavioral Nutrition and Physical Activity annual conference, San Diego, CA.
- Silveira*, S., **Ledoux, T.**, Robinson-Whelan, S., O'Connor, D.P., Hughes, R., Lee, R.E., Nosek, T., & Nosek, M. (2014, May). *GoWoman: A weight loss program for women with mobility impairments*. Abstract to be presented at the International Society of Behavioral Nutrition and Physical Activity annual conference, San Diego, CA.
- Ledoux, T.** Gallagher, M.R., Sampson, M., Saher, N., & McFarlin, B. (2013, October). Investigating the feasibility and efficacy of a brief version of BELI (Biofeedback Enhanced Lifestyle Intervention) for weight loss. Research, practice and innovation oral presentation at the Academy of Nutrition and Dietetics Food & Nutrition Conference & Expo (FNCE), Houston, TX.
- Alastuey, L., Layne, C., Lee, R.E., & **Ledoux, T.** (2013, April). The Virtual Immersive Translational Applied Learning (VITAL) Project. Oral presentation conducted at the Campus Technology Forum, San Diego, CA.
- Ledoux, T.** Saher, N., Sampson, M., Gallagher, M.R. (2013, March). Negative body image is related to overeating among diverse low-income overweight pregnant women. Poster presented at the 34th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
- Ledoux, T.** Adamus-Leach, H., O'Connor, D.P., Mama, S., & Lee, R.E. (2013, March) The influence of binge eating and neighborhood availability of fast food restaurants on diet and weight status. Poster presented at the 34th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
- Gallagher, M.R., **Ledoux, T.**, & Sampson, M. (2013, Spring). Evaluation of Comadres De Salud: An intervention to address obesity in Latino women. Poster presented at the Meeting the Mental Health Needs of Texans Conference.
- Ledoux, T.**, Saher*, N., Sampson, M., & Gallagher, M. (2012). Body image is related to overeating among pregnant women. Texas Obesity Research Center annual conference, Houston, TX.
- Ledoux, T.**, Watson, K., Baranowski, J., & Baranowski, T. (2012, June). Mediators and Moderators of the Diab and Nanoswarm videogame intervention for children. Symposium presentation at the annual International Society of Behavioral Nutrition and Physical Activity conference, Austin, TX.
- Ledoux, T.**, Chen, A., Baranowski, J., & Baranowski, T. (2012, June). Mediators and Moderators of the "5 a Day Badge" intervention for Boy Scouts. Symposium presentation at the annual International Society of Behavioral Nutrition and Physical Activity conference, Austin, TX.

- Leach, H., Lopez, Y., **Ledoux, T.**, & Lee, R.E. (2012, June). Does binge eating mediate the relationship between the food environment and health? Poster presented at the annual International Society of Behavioral Nutrition and Physical Activity conference, Austin, TX.
- Ledoux, T.**, Lohrenz, T., Baranowski, T., & Montague, R. (2011, April). Relationship of brain responses to palatable food with food addiction tendencies. Poster presented at the annual Society of Behavioral Medicine conference, Washington, DC.
- Ledoux, T.**, Hilmers, A., Watson, K., Baranowski, T., & O'Connor, T.M. (2011, April). Development of a coding system for patient-centered communication childhood obesity treatment programs. Poster presented at the annual Texas Dietetic Association conference, Houston, TX.
- Ledoux, T.**, Watson, K., Baranowski, J., & Baranowski, T. (2010, November). Mediation and moderation effects of the "5 a Day Achievement Badge" intervention for Boy Scouts. Poster presented at the annual meeting of the Texas Obesity Research Center, Houston, TX.
- Garcini, L., **Ledoux, T.**, Barnett, M., & Baker, J. (2009, August). Mental healthcare use among outpatients with chronic pain. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Ledoux, T.**, Watson, K., Baranowski, J., Nguyen, N., & Baranowski, T. (2009). Effect of reporting style on the association between BMI and energy intake. Poster presented at the annual meeting of the Texas Obesity Research Center Conference, Houston, TX.
- Garcini, L. M., **Ledoux, T.**, Barnett, M. D., & Baker, J. (2009, April). Differences in mental health of medical patients with positive and negative attitudes towards mental healthcare. Poster presented at the annual meeting of the Society of Behavioral Medicine, Montreal, Canada.
- Hubbs-Tait, L., Topham, G. L., Harrist, A. W., Kennedy, T. S., **Ledoux, T.**, Longoria, A., & Page, M. C. (2009, April). Child overweight and parental concern in first grade: Links to parental feeding behaviors, and parenting style. Paper presented in symposium at the biennial meeting of Society for Research on Child Development, Denver, CO.
- Harrist, A. W., Topham, G. L., Kennedy, T. S., McConnell, M., **Ledoux, T.**, Page, M. C., & Hubbs-Tait, L. (2009, April). Preliminary findings from the Families and Schools for Health (FISH) intervention. Paper presented in symposium at the biennial meeting of Society for Research on Child Development, Denver, CO.
- Ledoux, T.**, & Harrist, S. (2008, August). Effects of expressive writing on eating behaviors following a failure task. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Ledoux, T.**, Barnett, M., & Baker, J. (2008, August). Differences in pain coping style among those with and without Type D personality style. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Barnett, M., **Ledoux, T.**, Garcini, L., & Baker, J. (2008, March). Validating a measure of Type D personality style for a chronic pain population. Poster presented at the annual Gulf Coast Regional Pain Conference, Galveston, TX.
- Garcini, L., Barnett, M., **Ledoux, T.**, & Baker, J. (2008, March). Psychological predictors of depression among chronic pain patients. Poster presented at the annual Gulf Coast Regional Pain Conference, Galveston, TX.

- Carlozzi, B., McGovern, A., Harrist, S., & **Ledoux, T.** (2007, August). Linguistic characteristics of online writing and health outcomes. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Tan, G., Dao, T., Dickinson, M., **Ledoux, T.**, & Jensen, M. (2007, May). The trials and tribulations of shifting paradigm: From clinic to clinical research. Poster presented at the annual meeting of the Association of VA Psychology Leadership in Dallas, TX.
- Harrist, A.W., Page, M.C., Kennedy, T.S., Topham, G.L., Hubbs-Tait, L., **Ledoux, T.**, & Longoria, A.Q. (2007, March). A multidisciplinary model of childhood obesity: Integrating developmental, family, and nutrition science approaches. Poster session presented at the biannual meeting of the Society for Research in Child Development, Boston, MA.
- Young, T., Winterowd, C., **Ledoux, T.**, Reeves, N., & Hicks, K. (2006, August). Relationship of social comparison, attachment, and body image. Poster session presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Ledoux, T.**, Harrist, S., Carlozzi, B., & McGovern, A. (2005, October). Exploring the boundaries of the expressive writing paradigm. Poster session presented at the annual meeting of the Oklahoma Psychological Association, Oklahoma City, OK.
- Ledoux, T.**, Winterowd, C., & Young, T. (2005, August). The relationship of Body Mass Index with attachment styles and appearance schemas in college women. Poster session presented at the annual meeting of the American Psychological Association, Washington, D.C.
- Ledoux, T.**, Winterowd, C., Young, T., & Dorton, J. (2004, November). The relationship of attachment and negative self schemas with appearance schemas in college women. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Ledoux, T.** (2003, January). Counseling skills for the Registered Dietitian. Paper presented at the spring meeting of the Memphis District Dietetic Association, Memphis, TN.
- Ledoux, T.** (2000, April). Assessment of nutritional care practices in a pediatric oncology hospital in Recife, Brazil. Poster presented at the annual symposium of the University of Memphis, Memphis, TN.

Presentations (Invited)

- Ledoux, T.** (2022). Eating behaviors: The psychology of eating. Annual Conference and Expo, Texas Academy of Nutrition and Dietetics, San Antonio, TX.
- Ledoux, T.** (2022). Socializing children for health. MD Anderson Behavioral Science Speaker Series.
- Ledoux, T.** (2018). Annual Dietetic Internship Preparation Workshop, Texas A&M University, College Station, TX.
- Ledoux, T.** (2017). Shaping the Future - Updates in addressing Childhood and Adolescent. Continuing medical education event for Texas Children's Health Plan providers. Baumont, TX.
- Ledoux, T.** (2016, Spring). Happier Meals: Teaching parents to use responsive feeding to overcome common mealtime challenges. Health Educators Network, Houston, TX.
- Ledoux, T.** (2014, Fall). Nutrition during pregnancy. Baylor College of Medicine Resident Speaker Series, Houston, TX.

- Ledoux, T.** (2013, Spring). Practicing proper nutrition and maintaining a healthy weight. Action Before Conception Conference, Houston, TX.
- Ledoux, T.** (2012, Fall). The importance of professional organizations for nutrition students. Student Nutrition Association monthly speaker series, University of Houston, TX.
- Ledoux, T.** (2012, June). Obesity, overeating, & hunger. WIC Quarterly Staff Meeting, Harris County Public Health Department, Houston, TX.
- Ledoux, T.** (2012, March). Overeating behavior patterns: Why do we eat when we aren't hungry? Food for Thought Speaker Series, University of Houston, TX.
- Ledoux, T.** (2012, Spring). Overeating behavior patterns: Why do we eat when we aren't hungry? University of Victoria Spring Seminar, Victoria, TX.
- Ledoux, T.** (2012, Spring). The importance of professional organizations for nutrition students. Student Nutrition Association monthly speaker series, University of Houston, TX.
- Ledoux, T.** (2011, fall). Guest speaker for the Honey Child program for low income pregnant women. Wheeler Baptist Church, Houston, TX.
- Ledoux, T.** (2011-present). Worksite wellness presentations. Cigna, Houston, TX.
- Ledoux, T.** (2011). Inclusion, equity and access to health care: Disparities and challenges in the 21st century. Panelist for this event sponsored by the Texas Diversity Council.
- Ledoux, T.** (2011, March). Relationship between brain responses to palatable food and food addiction tendencies among adolescents. Faculty Research Day, University of Houston, Houston, TX.
- Ledoux, T.** (2011, April). Moderating effects of race on the association between overeating styles and adiposity among youth. Texas Obesity Research Center Symposium, Houston, TX.
- Ledoux, T.** (2000, May). Fad diets. Symposium presented at the annual dietetics meeting at the University of Memphis, Memphis, TN.
- Ledoux, T.** (2000, May). IMIP needs assessment and recommendations for improving standards of care. Paper presented to St. Jude Children's Research Hospital (SJCRH) nutrition staff and SJCRH's Brazilian affiliate hospital, IMIP, administrators and staff, Memphis, TN.

Research Awards and Honors

- 2024 Distinguished Scientist Award, Texas Academy of Nutrition and Dietetics
- 2019 Innovation Award, Council on Future Practice, Academy of Nutrition and Dietetics
- 2015 USDA E. Kika De La Garza Science Fellowship, Washington, DC
- 2014 Clinical Management of Obesity poster award, The Obesity Society, Boston, MA.
- 2012 Summer Institute on Social and Behavioral Intervention Research, NIH, Columbia University, NYC, NY
- 2011 Dannon Institute Nutrition Leadership Institute, Queenstown, MD.
- 2010 Research Excellence Award for poster presentation, Texas Obesity Research Center, Houston, TX.

Tracey A. Ledoux, Ph.D., R.D., F.A.N.D.
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- 2007 Graduate Research Excellence Award from Oklahoma State University's Graduate College.
- 2005 Human Development and Family Sciences departmental graduate student tuition waiver award.
- 2005 2nd Place Graduate Student Poster Award at the OK Psychological Association's Annual Convention.
- 2005 Departmental Tuition Waiver from the Human Development and Family Sciences Department.
- 2005 3rd place Graduate Student Presentation award at the Southwestern Psychological Association's Annual Convention.
- 2004 Robbison Award from Oklahoma State University's College of Education.
- 2004 Association for the Advancement of Behavior Therapy's Student Interest Group poster presentation award.

Teaching

Undergraduate Courses Delivered

University of Houston (Tenure Track Faculty Member)

1. Community Nutrition NUTR 4334 (class size 155): Fall 2010, Spring 2011, Fall 2011, Spring 2012, Fall 2012, Spring 2013, Spring 2014, Fall 2014, Spring 2015, Fall 2017, Spring 2018; Spring 2019; Fall 2019, Fall 2020
2. Sports Nutrition (class size 100): Summer 2011
3. Seminar in Nutrition Research (class size 45): Spring 2011, Fall 2011, Spring 2013, Spring 2014
4. Research Methods in Nutrition NUTR4346 (class size 40-80): Spring 2021, Fall 2021, Spring 2022, Fall 2022, Spring 2023, Fall 2023, Spring, 2024, Fall 2024, Spring 2025.

Oklahoma State University (Instructor of Record)

1. Total Wellness HHP2603: Fall 2003, Spring 2004, Fall 2004, Spring 2005
2. Nutrition Assessment and Counseling (Nutritional Sciences 3812): Fall 2004, Spring 2005

Graduate Courses Delivered

University of Houston (Tenure Track Faculty Member)

1. Urban Fitness (class size 6): Spring 2012
2. Biopsychosocial Causes and Consequences of Obesity: Fall 2012
3. Doctoral Journal Club: Fall 2014, Spring 2017, Fall 2017, Spring 2020, Fall 2020
4. Contemporary Issues in HHP: Fall 2016 & 2018
5. Seminar in HHP for PhD students: Fall 2019
6. Research Methods (NUTR6305): Spring 2019, Spring 2020, Spring 2021, Spring 2022, Spring 2023, Spring 2024, Spring 2025
7. Counseling (NUTR6304): Summer 2019, Summer 2020, Summer 2021, Summer 2022, Fall 2023, Fall 2024

Current Training and Teaching Grants

NIFA 2021-77040-34873

Tracey A. Ledoux, Ph.D., R.D., F.A.N.D.
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Dates: August 1, 2021-July 31, 2026

Title: "Prepare next generation of Hispanic students for careers in food biotechnology"

Source: National Institute of Food and Agriculture/USDA

Total: \$275,000 (Direct)

Role: Co-investigator

PI: Venkatesh Balan, PhD (University of Houston)

NIFA2020-09443

Dates: May 1, 2021-April 30, 2026

Title: "PATH (Providing Advanced Training in Health) Internship Program"

Source: National Institute of Food and Agriculture/USDA

Total: \$500,000 (Direct)

Role: Co-I

PI: Norma Olvera, PhD (University of Houston)

Completed Teaching Grants

GRANT12439473

Dates: 2/5/18-2/4/2021

Title: "Eye to the future: Developing the next generation of childhood obesity prevention educators"

Funding agency: National Institute of Food and Agriculture/USDA

Total: \$297,385 (Direct)

Role: Co-I

PI: Norma Olvera, PhD

Unnumbered

Dates: 2017-2018

Source: University of Houston online graduate degree development grant.

Total budget: \$97,439

Role: Co-I

PI: Kevin Haubrick, PhD

Unnumbered

Dates: 2011-2012

Source: HHP Summer Curriculum Development Program.

Title: "Using the latest technology and supporting text to meet CADE learning objectives and the demands of increasing student enrollment in Community Nutrition (NUTR4334)."

Total: \$3,500 faculty salary and \$1,500 student stipend.

Role: Faculty advisor

Unnumbered

Dates: 2011-2012

Source: QEP Curriculum Development Program.

Title: "Interdisciplinary perspectives on the overweight body: Research, methodologies, and pedagogy."
\$10,000.

Role: Co-instructor

Lead Instructor: Samantha Kwan, PhD

Unnumbered

Dates: 2011-2012

Source: Faculty Development Initiative Program (B).

Title: "Enhancing the Virtual Immersive Translational Applied Learning (VITAL) Project."

Total: \$25,000.

Role: Co-instructor

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Lead instructor: Chuck Layne, PhD

Teaching Awards and Honors

- 2024 Teaching Excellence Award, University of Houston, Houston, TX
- 2015 College of Liberal Arts and Social Sciences Ross M. Lence Teaching Award, University of Houston, Houston, TX
- 2015 Finalist for the University of Houston Teaching Excellence Award, Houston, TX
- 2014 Finalist for College of Liberal Arts and Social Sciences Ross M. Lence Teaching Award, University of Houston, Houston, TX
- 2012 Outstanding Dietetic Educator, Academy of Nutrition and Dietetics
- 2012 Outstanding Dietetic Educator, Texas Dietetic Association, TX.
- 2011 Houston Area Dietetic Association Outstanding Dietetic Educator, Houston, TX.

Mentee Awards and Honors

- 2025 Aliye Cepni, National Institute of Health Matilda White Riley Behavioral and Social Science Early Stage Investigator Award for dissertation research.
- 2024 Sheida Zeraattalab-Motlagh, Department of Health and Human Performance 2024-2025 *Pre-Candidacy Doctoral Student Award* (\$500), University of Houston, TX.
- 2023 Aliye Cepni, poster selected by Society of Behavioral Medicine as “*Meritorious Abstract*” and “*Citation Abstract*” at the annual conference in Phoenix, AZ.
- 2023 Aliye Cepni, *Provost Cullen Travel Award*, University of Houston, TX
- 2022 Aliye Cepni, Department of Health and Human Performance 2021-2022 *Post-Candidacy Doctoral Student Award* (\$500), University of Houston, Houston, TX
- 2021 Cherine Hatem, awarded a Provost Undergraduate Research Scholarship for Muhammed Zain, University of Houston
- 2022 Aliye Cepni, International Society of Nutrition and Physical Activity travel award for annual conference (\$1000).
- 2021 Cherine Hatem, awarded a Provost Undergraduate Research Scholarship for Saad Nadeem, University of Houston
- 2021 Cherine Hatem, *Evidence Analysis Library Fellowship*, Academy of Nutrition and Dietetics
- 2015 Ngan Ly, *Provost Travel Award*, University of Houston
- 2014 Stephanie Silveira, *Graduate Research & Scholarship Project participant*, University of Houston
- 2014 Aalia Farukhi, *Provost Travel Award*, University of Houston

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- 2013 Kirsten Vollrath, *Graduate Teaching Award*, Department of Health and Human Performance, University of Houston
- 2013 Anthony Nguyen, *Outstanding Nutrition Master's Student*, Department of Health and Human Performance, University of Houston

Undergraduate Research Mentoring

Esther Gwa, Provost Undergraduate Research Scholarship, Fall 2025
Lily Arney, Summer Undergraduate Research Fellow, Summer 2025
Nirali Patel, Provost Undergraduate Research Scholarship, Spring 2024
Layla Albaba, Provost Undergraduate Research Scholarship, Spring 2024
Sarabeth Hanz, Provost Undergraduate Research Scholarship, Fall 2022
Alejandra Torres, Honors student, Summer Undergraduate Research Fellows, 2019
Basant Gamal, pre-med honors student, UHAND Scholar, 2019-2021
Ngan Ly, Summer Undergraduate Research Fellow, Nutrition major, 2014
[Jesika Orellana](#), Provost Undergraduate Research Scholars, Spring 2012
Susan Alexander, Provost Undergraduate Research Scholars, Fall 2012
Aalia Faruhki, Provost Undergraduate Research Scholars, Spring 2013
Hannah Burch, Provost Undergraduate Research Scholars, Fall 2014
Angelina Beitzel, Provost Undergraduate Research Scholars, Spring 2015
Jessica Robinson, Provost Undergraduate Research Scholars, Fall 2015
Stephanie Kung, Provost Undergraduate Research Scholars, Spring 2016

Active Graduate Student Committees

Sheida Zeraatlabmotlagh, Doctoral program, Kinesiology. Role: Chair
Victoria Warren, Doctoral program, Kinesiology. Role: Chair

Postdoctoral Fellows

David Frank, Cancer Prevention and Research Institute of Texas Fellowship, Role: mentoring team member (2019-2020)

Master's Student Capstone Project Advisor

Tommy Nguyen, RD, in progress
Taylor Hutton, in progress
Miyanna Tohara, MS, RD, completed 2024
Brenna Topham, RD, completed 2022
Madison Moore, MS, completed 2021

Master's Student Thesis

Christopher A. Krause, Psychology, in progress. Role: Committee Member

Completed Student Committees

Cherine Hatem, PhD, RD, 2024, Role: Chair
Current Position: Assistant Professor, Sam Houston State University

Aliye Cepni, PhD, 2023, Role: Chair
Current Position: Assistant Research Professor, University of Houston

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Rod Azadan, PhD, Role: Co-Chair
Current Position: Industry (research)

Katie Arlinghaus, PhD, 2020, Role: Committee member
Current Position: Assistant Professor, University of Minnesota

Ashley Taylor, UHAND Scholar Program, Role: research mentor

Tabbatha Lopez, PhD, RD, Doctoral program, Kinesiology, 2020. Role: Chair
Current Position: Associate Professor & Internship Director, Sam Houston State University

Stephanie L. Silveira, PhD, 2017 Role: Chair
Current Position: Assistant Professor, University of Texas, School of Nursing

Saumali Daundasekara, PhD, 2017. Role: Chair
Current Position: Assistant Professor, Sri Lanka

Matt Cross, MS. Role: Chair

Erica Soltero, PhD. Role: Co-Chair
Current Position: Assistant Professor, Children's Nutrition Research Center, Baylor College of Medicine.

Keisha Harrison, MS, 2015. Nutrition. Role: Chair

Najmus Saher. MS, 2014. Exercise Phys. Role: Chair

Kirsten Vollrath, MS, 2014. Nutrition. Role: Chair

Heather Adamus, PhD, 2013. Role: Candidacy project committee member

Ygnacio Lopez, MS, 2012. Kinesiology. Role: Candidacy project committee member

Mark Morrison, MS, 2012. Role: Co-Chair of thesis committee

Chris Sunseri, MS, 2012. Role: Co-Chair of thesis committee

Kelley Strohacker, PhD, 2011. Role: Dissertation committee member

Davidson, MS, 2011. Role: Thesis committee member

Tiffany

Consortium Partnership

Mid America Minority Serving Institutes Training Consortium for Maternal Child Health Nutrition

Principal investigator: Katie Arlinghaus, PhD, RD, University of Minnesota

University of Houston Partner & Advisory Board Member: Tracey Ledoux, PhD, RDN

Consortium trainees: \$5000 stipend and consortium activities available to 2 UH nutrition graduate students of minority status

- Miyana Tohara (2023-2024)
- Tommy Nguyen & Taylor Hutton (2024-2025)

SERVICE

Organization

2022-2025	Member, Annual Performance Review Committee, Department of Health and Human Performance, University of Houston
2021-2025	Faculty Advisor, American Medical Women's Association, University of Houston
2020-present	Interviewer, Tier One Scholarship Invitational, The Honors College, University of Houston.

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2019-2020	Member, Research Transparency Committee, Office of the Provost, University of Houston
2022 – present	Chair, Committee for the Protection of Human Subjects Research, University of Houston
2016 – 2022	Vice Chair, Committee for the Protection of Human Subjects Research, University of Houston
2015-2019	Chair, Graduate Research Degree Committee; Department of Health and Human Performance, University of Houston
2016	Member, CLASS Dean Search Committee; Provost Office, University of Houston
2016- present	Member, Promotion and Tenure Committee, Department of Health and Human Performance, University of Houston
Fall 2015	University of Houston Student Orientation Book Club discussion leader
Summer 2015	Faculty panelist, SURF program speaker series
Summer 2015	Faculty panelist, new student orientation information session
2012-present	Member, Graduate Research Degree Committee; Department of Health and Human Performance, University of Houston
2015	College of Liberal Arts and Social Sciences, Dissertation Grant selection committee
2014-2015	Member, Search Committee; Department of Health and Human Performance, University of Houston
2014-2015	Member, Search Committee; Department of Health and Human Performance, University of Houston
Summer 2014	Tier One Invitational Interviewer
Fall 2014	University of Houston Student Orientation Book Club discussion leader
2013-2014	Chair, Search Committee; Department of Health and Human Performance, University of Houston
2012-2013	Member, Professional Master's Degree Committee; Department of Health and Human Performance, University of Houston
2011-2012	Chair, Search Committee; Department of Health and Human Performance, University of Houston
2012	Member, Ad Hoc Department Constitutional Review Committee; Department of Health and Human Performance, University of Houston
2010-2011	Member, Search Committee; Department of Health and Human Performance, University of Houston

- 2010 Member; Peer Evaluation Committee; Department of Health and Human Performance, University of Houston
- 2010- 2017 Executive Board Member, Texas Obesity Research Center, Houston, TX
- 2005-2006 Institutional Review Board Student Representative; Oklahoma State University, Stillwater, OK
- 2000-2003 Nutrition Graduate Student/Intern Selection Committee Member; University of Memphis, Memphis, TN

Houston Community

- 2020 Judge, Science & Engineering Fair of Houston, Houston, TX
- 2013 Member, Houston Advisory Group, Latinos in a Network for Cancer Control; Center for Clinical and Translational Sciences, Houston, TX
- 2012 Member, Houston Diabetes Coalition, Houston, TX
- 2011 Member, Mayor's Obesity Task Force, Houston, TX

Professional

- 2025 – present Delegate (elected), Texas Academy of Nutrition and Dietetics
- 2025- present Webinar Chair (appointed), Research Dietetic Practice Group, Academy of Nutrition and Dietetics.
- 2021-2024 Chair (includes Chair Elect and Past Chair, elected), Research Dietetic Practice Group, Academy of Nutrition and Dietetics
- 2021-2024 Member (appointed), Dissemination Subcommittee, Council on Research, Academy of Nutrition and Dietetics
- 2019-2023 President (includes President-Elect & Past-President; elected), Texas Academy of Nutrition and Dietetics
- 2019-2021 Awards Committee Co-Chair, Research Dietetic Practice Group, Academy of Nutrition and Dietetics
- 2017-2019 Secretary (elected), Research Dietetic Practice Group, Academy of Nutrition and Dietetics
- 2016-2019 Treasurer (elected), Texas Academy of Nutrition and Dietetics
- 2015 Reviewer, Nutrition Care Manual – Normal Pregnancy Chapter, Academy of Nutrition and Dietetics, Chicago, IL
- 2015 Reviewer, Champions for Kids Grant, Academy of Nutrition and Dietetics Foundation, Chicago, IL
- 2015 Abstract Reviewer, Academy of Nutrition and Dietetics Food and Nutrition Convention and Exposition, Chicago, IL

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- 2014 Reviewer, Champions for Kids Grant, Academy of Nutrition and Dietetics Foundation, Chicago, IL
- 2013-2014 Workgroup Chair; Academy of Nutrition and Dietetics Evidence Analysis Library; Obesity, Reproduction, and Pregnancy section.
- 2014-2016 Treasurer (elected), Board of Directors, Houston Academy of Nutrition and Dietetics
- 2011-2014 Director-At-Large (appointed), Board of Directors, Houston Academy of Nutrition and Dietetics
- 2012-2017 Membership Council Member; Society for Behavioral Medicine.
- 2012, NIH Special Emphasis Panel Member, SBIR Contract Proposals, "Computer generated diet and exercise reminders promoting cardiovascular health."
- 2006-2008 Student Representative of the Association for Psychologists in Academic Health Centers board.
- 2005 Division 17 Hospitality Suite Student Volunteer
APA Annual Convention, Washington, DC.
- 2001-2002 Secretary, Chi Sigma Iota (Counseling Honor Society).
- 2000-2002 Scholarship Chairperson, Memphis District Dietetic Association (MDDA).
- 2002-2003 Nominating Committee member (elected position, MDDA).

Peer Review

Manuscripts (most common in last 5 years)

Appetite (1, 1, 1

International Journal of Behavioral Nutrition and Physical Activity

Pediatrics

Obesity Reviews (1, 1

Child Care, Health & Development (1

Grants

February, 2025 Member, National Institute of Health, National Institute of Dental and Craniofacial Research, Special Emphasis Panel ZDE1 YM(07)

2024-present Ad hoc member, National Institute of Health, Lifestyle Change and Behavior Health Study Section

2015-present Member, Research Dietetic Practice Group Awards/Grant Review Committee

2025 Ad hoc member of special emphasis panel, National Institute of Health, National Institute of Dental and Craniofacial Research.

Conference Abstracts

Society of Behavioral Medicine's Annual Conference and Scientific Sessions, 2015, 2020, 2025

Tracey A. Ledoux, Ph.D., R.D., F.A.N.D.
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Society of Nutrition Education and Behavior, 2020

Food and Nutrition Conference and Exposition, 2014-present

Professional Membership

Texas Academy of Nutrition and Dietetics, 2010 to present.

Academy of Nutrition and Dietetics, 1996 to present.

Service Awards and Honors

2023 Academy of Nutrition and Dietetics Leadership Institute

2015 Fellow of the Academy of Nutrition and Dietetics

MISCELLANEOUS

Graduate Fellowship

2004-2006 Fellow, Preparing Future Faculty (PFF), Oklahoma State University

Past Employment

- 1/2004-5/2004 Research Assistant
Nutrition Sciences Department in the College of Human Environmental Sciences,
Oklahoma State University
Supervisor: Maria Spicer, Ph.D., R.D.
- 4/2000-8/2003 Clinical Nutrition Manager
Delta Medical Center, Memphis, TN
- 1/2003-8/2003 Consultant
VA Medical Center, Memphis, TN
- Conducted a continuing education series for the nutrition staff with the goal of improving nutrition counseling skills.
- 8/1998-5/2000 Graduate Assistant Nutritionist
St. Jude Children's Research Hospital, Memphis, TN
- 5/1997-8/1998 Dietetic Technician
Roger Williams Hospital, Providence, RI
- 1/1997-5/1997 Research Assistant
Hunger in America Study
Second Harvest, Hatfield, MA